

HERE'S THE PLAN FOR YOUR NEXT DOCTOR APPOINTMENT

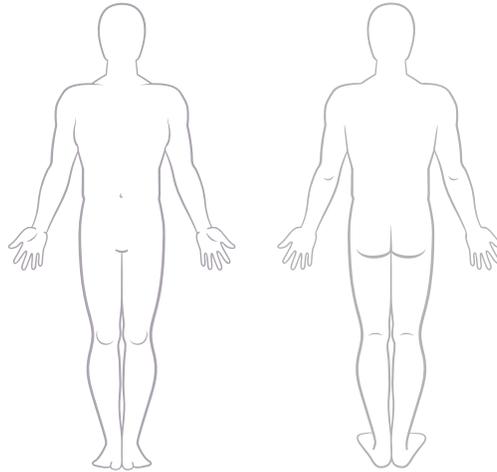
Having an informed conversation with your doctor and asking the right questions can make all the difference.

1 Mark the condition you're most concerned about

- Psoriatic arthritis (PsA)
- Plaque psoriasis (PsO)
- Ankylosing spondylitis (AS)

2 Circle your most affected areas

Use the body outline to highlight your most affected areas.



3 Talk about any other symptoms

If you have plaque psoriasis, are you also experiencing any painful or swollen joints?

If you have psoriatic arthritis, are you also experiencing plaque psoriasis symptoms (ie, thick, red, scaly skin plaques)?

4 Talk to your doctor about how your condition is affecting you

Write down any and all ways that your condition affects your day-to-day life. For some ideas, complete the conversation starter online.

5 Circle the face that best expresses your level of satisfaction with your current treatment.



Very Unsatisfied



Unsatisfied



Indifferent



Satisfied



Completely Satisfied

- I'm not currently treating my condition.

Be sure to discuss your treatment goals with your doctor during every visit.

Need help getting the conversation started about COSENTYX®? Ask these questions:

1. What makes COSENTYX a different type of biologic?
2. I want to try COSENTYX; do you think it's right for me?
3. What are the benefits and risks of treating with COSENTYX?

Take notes on your conversation to help you remember what you learned. For additional space, turn to page 5.

INDICATIONS

COSENTYX® (secukinumab) is a prescription medicine used to treat adults:

- with moderate to severe plaque psoriasis that involves large areas or many areas of the body, and who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet or UV light, alone or with systemic therapy)
- with active psoriatic arthritis
- with active ankylosing spondylitis

IMPORTANT SAFETY INFORMATION

Do not use COSENTYX if you have had a severe allergic reaction to secukinumab or any of the other ingredients in COSENTYX. See the Medication Guide for a complete list of ingredients.

Please see additional Important Safety Information on page 2 and Consumer Brief Summary on pages 3–4.

Visit COSENTYX.com for more information.



IMPORTANT SAFETY INFORMATION (cont)

COSENTYX® (secukinumab) is a medicine that affects your immune system. COSENTYX may increase your risk of having serious side effects such as:

Infections

COSENTYX may lower the ability of your immune system to fight infections and may increase your risk of infections.

- Your doctor should check you for tuberculosis (TB) before starting treatment with COSENTYX.
- If your doctor feels that you are at risk for TB, you may be treated with medicine for TB before you begin treatment with COSENTYX and during treatment with COSENTYX.
- Your doctor should watch you closely for signs and symptoms of TB during treatment with COSENTYX. **Do not take COSENTYX if you have an active TB infection.**

Before starting COSENTYX, tell your doctor if you:

- are being treated for an infection
- have an infection that does not go away or that keeps coming back
- have TB or have been in close contact with someone with TB
- think you have an infection or have symptoms of an infection such as:
 - fevers, sweats, or chills
 - muscle aches
 - cough
 - shortness of breath
 - blood in your phlegm
 - weight loss
 - warm, red, or painful skin or sores on your body
 - diarrhea or stomach pain
 - burning when you urinate or urinate more often than normal

After starting COSENTYX, call your doctor right away if you have any signs of infection listed above. Do not use COSENTYX if you have any signs of infection unless you are instructed to by your doctor.

Inflammatory Bowel Disease

New cases of inflammatory bowel disease or "flare-ups" can happen with COSENTYX, and can sometimes be serious. If you have inflammatory bowel disease (ulcerative colitis or Crohn's disease), tell your doctor if you have worsening disease symptoms during treatment with COSENTYX or develop new symptoms of stomach pain or diarrhea.

Serious Allergic Reactions

Serious allergic reactions can occur. Get emergency medical help right away if you get any of the following symptoms: feeling faint; swelling of your face, eyelids, lips, mouth, tongue, or throat; trouble breathing or throat tightness; chest tightness; or skin rash. **If you have a severe allergic reaction, do not give another injection of COSENTYX.**

Before starting COSENTYX, tell your doctor if you:

- have any of the conditions or symptoms listed above for infections
- have inflammatory bowel disease (Crohn's disease or ulcerative colitis)
- are allergic to latex. The needle caps contain latex.
- have recently received or are scheduled to receive an immunization (vaccine). People who take COSENTYX **should not** receive live vaccines.
- have any other medical conditions
- are pregnant or plan to become pregnant. It is not known if COSENTYX can harm your unborn baby. You and your doctor should decide if you will use COSENTYX.
- are breastfeeding or plan to breastfeed. It is not known if COSENTYX passes into your breast milk.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of your medicines to show your doctor and pharmacist when you get a new medicine.

How should I take COSENTYX?

See the detailed Instructions for Use that comes with your COSENTYX for information on how to prepare and inject a dose of COSENTYX, and how to properly throw away (dispose of) used COSENTYX Sensoready® pens and prefilled syringes.

- Use COSENTYX exactly as prescribed by your doctor.
- If your doctor decides that you or a caregiver may give your injections of COSENTYX at home, you should receive training on the right way to prepare and inject COSENTYX. Do not try to inject COSENTYX yourself, until you or your caregiver has been shown how to inject COSENTYX by your doctor or nurse.

The most common side effects of COSENTYX include: cold symptoms, diarrhea, and upper respiratory infections. These are not all of the possible side effects of COSENTYX. Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see full [Prescribing Information](#), including [Medication Guide](#).

Please see additional Important Safety Information on page 1.

Please see Consumer Brief Summary on pages 3 and 4.

Visit Cosentyx.com for more information.

CONSUMER BRIEF SUMMARY

The risk information provided here is not comprehensive. This information does not take the place of talking with your doctor about your medical condition or treatment.

To learn more about COSENTYX® (secukinumab), talk to your doctor or pharmacist. For more information and to obtain the FDA-approved product labeling, call 1-888-669-6682 or visit www.COSENTYX.com.

What is the most important information I should know about COSENTYX?

COSENTYX is a medicine that affects your immune system. COSENTYX may increase your risk of having serious side effects such as:

Infections. COSENTYX may lower the ability of your immune system to fight infections and may increase your risk of infections.

- Your healthcare provider should check you for tuberculosis (TB) before starting treatment with COSENTYX.
- If your healthcare provider feels that you are at risk for TB, you may be treated with medicine for TB before you begin treatment with COSENTYX and during treatment with COSENTYX.
- Your healthcare provider should watch you closely for signs and symptoms of TB during treatment with COSENTYX. **Do not take COSENTYX if you have an active TB infection.**

Before starting COSENTYX, tell your healthcare provider if you:

- are being treated for an infection
- have an infection that does not go away or that keeps coming back
- have TB or have been in close contact with someone with TB
- think you have an infection or have symptoms of an infection such as:
 - fevers, sweats, or chills
 - muscle aches
 - cough
 - shortness of breath
 - blood in your phlegm
 - weight loss
 - warm, red, or painful skin or sores on your body
 - diarrhea or stomach pain
 - burning when you urinate or urinate more often than normal

After starting COSENTYX, call your healthcare provider right away if you have any of the signs of infection listed above. Do not use COSENTYX if you have any signs of infection unless you are instructed to by your healthcare provider.

See “What are the possible side effects of COSENTYX?” for more information about side effects.

What is COSENTYX?

COSENTYX is a prescription medicine used to treat adults:

- with moderate to severe plaque psoriasis that involves large areas or many areas of the body, and who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet or UV light, alone or with systemic therapy)
- with active psoriatic arthritis
- with active ankylosing spondylitis

COSENTYX may improve your condition, but it may also lower the ability of your immune system to fight infections.

It is not known if COSENTYX is safe and effective in children.

Who should not use COSENTYX?

Do not use COSENTYX if you have had a severe allergic reaction to secukinumab or any of the other ingredients in COSENTYX. See the end of the Consumer Brief Summary for a complete list of ingredients in COSENTYX.

What should I tell my healthcare provider before starting COSENTYX?

Before starting COSENTYX, tell your healthcare provider if you:

- have any of the conditions or symptoms listed in the section “What is the most important information I should know about COSENTYX?”
- have inflammatory bowel disease (Crohn’s disease or ulcerative colitis)
- are allergic to latex. The needle cap on the COSENTYX Sensoready® pen and prefilled syringe contains latex.
- have recently received or are scheduled to receive an immunization (vaccine). People who take COSENTYX **should not** receive live vaccines.
- have any other medical conditions
- are pregnant or plan to become pregnant. It is not known if COSENTYX can harm your unborn baby. You and your healthcare provider should decide if you will use COSENTYX.
- are breastfeeding or plan to breastfeed. It is not known if COSENTYX passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Know the medicines you take. Keep a list of your medicines to show your healthcare provider and pharmacist when you get a new medicine.

How should I use COSENTYX?

See the detailed “Instructions for Use” that comes with your COSENTYX for information on how to prepare and inject a dose of COSENTYX, and how to properly throw away (dispose of) used COSENTYX Sensoready pens and prefilled syringes.

- Use COSENTYX exactly as prescribed by your healthcare provider.
- If your healthcare provider decides that you or a caregiver may give your injections of COSENTYX at home, you should receive training on the right way to prepare and inject COSENTYX. Do not try to inject COSENTYX yourself, until you or your caregiver has been shown how to inject COSENTYX by your healthcare provider.
- COSENTYX comes in a Sensoready pen or prefilled syringe that you or your caregiver may use at home to give injections. Your healthcare provider will decide which type of COSENTYX is best for you to use at home.
- Your healthcare provider will prescribe the dose of COSENTYX that is right for you.
 - If your prescribed dose of COSENTYX is **150 mg**, you must give **1 injection** of COSENTYX for each dose.
 - If your prescribed dose of COSENTYX is **300 mg**, you must give **2 injections** for each dose.

Please see additional Consumer Brief Summary information on page 4.

Visit COSENTYX.com for more information.



CONSUMER BRIEF SUMMARY (cont)

- COSENTYX® (secukinumab) is given as an injection under your skin (subcutaneous injection), in your upper legs (thighs) or stomach-area (abdomen) by you or a caregiver. A caregiver may also give you an injection of COSENTYX in your upper outer arm.
- **Do not** give an injection in an area of the skin that is tender, bruised, red or hard, or in an area of skin that is affected by psoriasis.
- Each injection should be given at a different site. **Do not** use the 2-inch area around your navel (belly button).
- If you inject more COSENTYX than prescribed, call your healthcare provider or go to the nearest emergency room right away.

What are the possible side effects of COSENTYX?

See “What is the most important information I should know about COSENTYX?”

- **Inflammatory bowel disease.** New cases of inflammatory bowel disease or “flare-ups” can happen with COSENTYX, and can sometimes be serious. If you have inflammatory bowel disease (ulcerative colitis or Crohn’s disease), tell your healthcare provider if you have worsening disease symptoms during treatment with COSENTYX or develop new symptoms of stomach pain or diarrhea.
- **Serious allergic reactions.** Get emergency medical help right away if you get any of the following symptoms of a serious allergic reaction:
 - feel faint
 - swelling of your face, eyelids, lips, mouth, tongue, or throat
 - trouble breathing or throat tightness
 - chest tightness
 - skin rash

If you have a severe allergic reaction, do not give another injection of COSENTYX.

The most common side effects of COSENTYX include:

- cold symptoms
- diarrhea
- upper respiratory infections

These are not all of the possible side effects of COSENTYX.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Keep COSENTYX and all medicines out of the reach of children.

General information about the safe and effective use of COSENTYX

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use COSENTYX for a condition for which it was not prescribed. Do not give COSENTYX to other people, even if they have the same symptoms you have. It may harm them.

You can ask your healthcare provider or pharmacist for information about COSENTYX that is written for health professionals.

What are the ingredients in COSENTYX?

Active ingredient: secukinumab

Inactive ingredients: Sensoready pen and prefilled syringe:

L-histidine/histidine hydrochloride monohydrate, L-methionine, polysorbate 80, trehalose dihydrate, and sterile water for injection.

Vial: L-histidine/histidine hydrochloride monohydrate, polysorbate 80, and sucrose.

Please see full [Prescribing Information](#), including [Medication Guide](#).

Please see additional Consumer Brief Summary information on page 3.

Visit COSENTYX.com for more information.

